

dren. After eight months, only her gaze has ventured farther. She's regained most of the strength in her hand and run a couple of half-marathons. But she knows her recovery won't be complete until she competes again in the ocean—something she's done since she was eight years old.

"Every time I come to the beach,

I think about Stephen and how brave he was to help me—even after he'd seen the shark," says Given-Glance.

She wants to find that same courage in herself. Ten months after the attack, she'll have her chance, competing in the Coronado, Calif., Superfrog triathlon, with its 1.2-mile ocean swim. By that time, she knows she'll be ready.

GIVING BACK



Bridge Work. "I'm a boy, and boys love bridges," says Ken Frantz. Happily, this "boy" owns a construc-

tion company. Frantz, 54, saw a photo of Ethiopians being hauled on a rope across the Blue Nile, where a 360-year-old span had been destroyed. That sparked Bridges to Prosperity, dedicated to building bridges in developing nations. Donkeys toted in supplies, and volunteers rebuilt the bridge. "Half a million people live nearby," Frantz says. "Now they can trade, get to hospitals and schools and see family they haven't seen in years."

National Geographic

Free Time. Nick Moretta was at home when his wife, Debi, slipped into a coma at the hospital where

she was undergoing chemotherapy. "The one thing that eats me most is that I wasn't there," he said. To be with her, Moretta quickly exhausted his vacation days. Then, over 300 co-workers at Southern California Edison donated their own time, sharing 2,532 hours of paid leave. Supervisor Craig Henderson is all for it. "They work with 33,000 volts, so there can only be one thing on your mind—the job at hand."

JIA-RUI CHONG in Los Angeles Times

Safety First. "Not a day goes by that I don't think of my son," says Stew Leonard, Jr. Twenty-one-month-old Stew Leonard III drowned while the family was vacationing in the Caribbean in 1989. Stew and his wife, Kim, have written a book, *Stewie the Duck Learns to Swim: A Child's First Guide to Water Safety* (stewiethe duck.com). Proceeds pay for scholarships for swimming lessons. "If there's one message we want to get across, it's to never, ever take your eyes off your child," says Kim.

ELLEN MITCHELL in Newsday

COURTESY KEN FRANTZ